



Thank you, and congratulations for choosing 5th Point for your height training. We would like to welcome you, give you an introduction to 5th Point, and provide you with information about your chosen training course.

### Course Outline

Falls from height remain one of the biggest causes of death, disability and injury in workplaces in Australia. If you work in construction, or on building sites, you are likely to be working at heights at various times. It's vital for you to be able to identify and control the risk of falls in your workplace.

RIIWHS204D Work Safely at Heights is a nationally accredited one-day course (approximately 8 hours) that provides knowledge and skills for working safely at heights. The course includes:

- Definition of Working at Heights;
- Planning the Work;
- Identifying Hazards and Controlling Risks;
- Safely Accessing the Work Area;
- Performing Work Safely at Heights;
- Emergency Procedures;
- Clearing the Work Area;
- Storing and Maintaining Equipment.

### Prerequisites

There are no prerequisites for enrolment in this course, however Work Safely at Heights does require reading, writing and numeracy skills. 5th Point offers language, literacy and numeracy (LLN) support for all of our courses.

Please contact us if you have any questions or would like more information on our support services.

### Training Requirements

All RTO course candidates must obtain and present a Unique Student Identifier (USI) number prior to undertaking your course.

If you do not already have a USI, please head to [www.usi.gov.au](http://www.usi.gov.au) to register. The process takes around 4 minutes to complete.

Once you have obtained your USI, please contact us immediately on +61 (0) 2 9939 6140 or through [training@5thpoint.com.au](mailto:training@5thpoint.com.au)

All training equipment is provided for the duration of your course.

5th Point Group

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[www.5thpoint.com](http://www.5thpoint.com)

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### What to bring?

Please ensure that you wear suitable clothing for active movement. While our classrooms are fully air-conditioned, the training facility where practical training and assessment occurs can be hot in summer and very cool in winter, so please ensure you dress appropriately (layers are great!).

Sturdy, enclosed footwear must be worn at all times. Work boots or steel-toe capped boots are not necessary.

All training materials and equipment are provided for the duration of your course.

### Where are we?

We are located at 21 Old Pittwater Road, Brookvale in New South Wales. There is onsite parking available at the rear of the facility, with access off Green Street. Check us out on [Google Maps](#).

The closest Bus Terminal is located at Warringah Shopping Mall. Please head to <http://www.sydneybuses.info> for more information including timetables.

Remember that training kicks off at 0900 every morning, and will run through till 1700. Breaks will be given throughout the day at the instructor's discretion.

### Onsite facilities

Tea, coffee and water are provided free of charge. Course candidates also have access to kitchen facilities.

There are local cafes near 5th Point and we are approximately 400m away from Warringah Shopping Mall where there are numerous cafes and food courts.

### Where to stay

We cannot make any specific recommendations on where to stay, however Travelodge is the closest accommodation to our training facility. There are also a number of hotels and hostels in [Manly](#), which is a short commute away via public transport, walking or car.

We do advise that you check the distance needed to travel to get to 5th Point and the time it will take, as you will need to be at the training facility before 0900 each morning.

If you have any questions at all in regards to your booking or training, please contact us immediately on +61 (0) 2 9939 6140 or through [training@5thpoint.com.au](mailto:training@5thpoint.com.au)

We look forward to seeing you soon.